The zero-waste and healthy lunch box song

On the rhythm of:

Twinkle twinkle little star
How I wonder how you are
Up above the sky so high
Like a diamond in the sky

Zero-waste in my lunch
Super eco-friendly day
Zero-waste in my lunch
Healthy planet all the way

The four food groups in my lunch
Well-stirred yogurt yum yum
The four food groups in my lunch
Super carrot fun crunch

Zero-waste in my lunch
Put the plastic bags away
Zero-waste in my lunch
Saving the earth every day

The four food groups in my lunch
Bread and meat and fruit today
The four food groups in my lunch
Healthy lunch box every day