A ZEROWASTE AND HEALTHYLUNCHBOX AND SNACK...

A Winning Combo!

An Eco-Friendly Lunch Box…
ZEROWASTE!

- Use a reusable lunch box
- Store your sandwich in a reusable and washable container
- Put your fruit or vegetable scraps in a compost or vermicompost bin
- Buy a large size yogurt and pour the quantity you need in a container
- Buy a large size box of crackers and use a reusable container

- Use metal washable utensils
- No disposable plastic utensils
- Buy a large piece of cheese, cut it up in pieces and store in a reusable container
- No small size yogurt containers (often non-recyclable)

A Non Eco-Friendly Lunch Box…
FULL OF WASTES!

- First and foremost, reduce… No paper bag
- No juice or beverage in single serving boxes
- Do not throw your apple core in a garbage can when composting is possible
- No individually wrapped cheese
- No cookies in disposable individual wrappers

- No sandwich in a small plastic bag
- No small size yogurt containers
- No cookies in disposable individual wrappers